

# Moravian Center Adult Day

## September 2019



“And then the sun took a step back, the leaves lulled themselves to sleep, and Autumn was awakened.”

-Raquel Franco

**Center Is Closed: Monday September 2nd, 2019 in recognition of Labor Day.**

*Week 1*

Time	Monday – 2	Tuesday – 3	Wed – 4	Thursday –5	Friday – 6
7:30	<div>Center is Closed</div> <div>Happy Labor Day Weekend</div>	Coffee Corner	Coffee Corner	Coffee Corner	Coffee Corner
9:00		Current Events	Stories	Current Events	Devotions
10:00		Fit & Strong	Dance Moves	Balance Exercise	Fit & Strong
11:00		Notebook Paper Art	Spirit Time	Apple Art	Owl Craft
12:00		Lunch	Lunch	Lunch	Lunch
1:00		Dog Visit Basketball Bocci Ball Kick Ball	Wii Bowling Volleyball Corn Hole Toss Golf	Baseball Toss Basketball Bean Bag Toss	Horseshoe Toss Disc Toss Baseball Toss
2:00		Bingo	Five Second Rule	Outburst	Poker Fun
3:00		Snack & Chat	Snack & Chat	Snack & Chat	Snack & Chat
4:00		Monopoly	Scrabble	Card Games	Sorry
5:00		Jenga	Connect 4	Poke-No	Operation
		National Wildlife Day	National Cheese Pizza Day	National Read A Book Day	National Lazy Mom's Day

## Week 2

Time	Monday – 9	Tuesday – 10	Wed – 11	Thursday – 12	Friday – 13
7:30	Coffee Corner	Coffee Corner	Coffee Corner	Coffee Corner	Coffee Corner
9:00	Stories	Current Events	Stories	Current Events	Devotions/Bible St
10:00	Chair Exercise	Fit & Strong	Dance Moves	Balance Exercise	Fit & Strong
11:00	Leaf Fox	Flower Mason	Spirit Time	Leaf Hedgehog	PB Scarecrow
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Corn Hole Toss Ping pong Toss Bean bag Toss	Dog Visit Velcro Catch Volleyball	Bob Reigh Trivia	Quentin Jones	Bocce Ball Bean Bag Toss Kick ball
2:00	Bingo	Family Feud	Fun Word Game	Name 5 Fun riddle #1	Poker Fun
3:00	Snack & Chat	Snack & Chat	Snack & Chat	Snack & Chat	Snack & Chat
4:00	Jenga	Connect 4	Poke-No	Operation	Jenga
5:00	Dominoes	Card Games	Darts	Yahtzee	Dominoes

National  
Swap Ideas Day

National 9/11  
Remembrance Day

Encouragement  
Day

National Peanut  
Day

Virginia Day

## Week 3

Time	Monday – 16	Tuesday – 17	Wed – 18	Thursday – 19	Friday – 20
7:30	Coffee Corner	Coffee Corner	Coffee Corner	Coffee Corner	Coffee Corner
9:00	Stories	Current Events	Stories	Current Events	Devotions
10:00	Chair Exercise	Fit & Strong	Dance Moves	Balance Exercise	Fit & Strong
11:00	Watercolor Fall Forest	Acorn Craft	Spirit Time	Sunshine Club Make Cards	Button Corn Art
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Wii Bowling Velcro Catch Balloon Tennis	Dog Visit Darts/ Golf Bocce Ball	Shuffle Board Frisbee Toss Baseball Toss	Ring Toss Ping pong Toss Bean bag Toss	Basketball Volley Ball Tic Tac Toe Toss
2:00	Finish the Proverbs	Outburst	Jeopardy	Bingo	Name 5
3:00	Snack & Chat	Snack & Chat	Snack & Chat	Snack & Chat	Snack & Chat
4:00	Monopoly	Scrabble	Trouble	Sorry	Jenga
5:00	Board Games	Dominoes	Card Games	Uno	Checkers

Monte Cristo Day

Aging Awareness  
Day

Butterscotch Day

String Cheese Day

New York Day

## Week 4

Time	Monday – 23	Tuesday – 24	Wed – 25	Thursday –26	Friday –27
7:30	Coffee Corner	Coffee Corner	Coffee Corner	Coffee Corner	Coffee Corner
9:00	Stories	Current Events	Stories	Current Events	Country
10:00	Chair Exercise	Fit & Strong	Dance Moves	Chair Exercise	Fit & Strong
11:00	Apple Tree Art	Initial flower Art	Spirit Time	Cookie Art	Mushroom Art
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Parachute Balloon/ Hot Caterpillar/ Balloon Tennis	Dog Visit Bocci Ball Shuffleboard	Basket Ball/ Kickball/Volley Ball	Tic Tac Toe Toss/ Frisbee Toss/ Bean Bag Toss	Ring Toss Ping pong Toss Bean bag Toss
2:00	Hangman	Magazine Hunt	Bingo	Finish the Proverbs	Poker Fun
3:00	Snack & Chat	Snack & Chat	Snack & Chat	Snack & Chat	Snack & Chat
4:00	Board Games	Dominoes	Trouble	Uno	Checkers
5:00	Monopoly	Scrabble	Card Games	Sorry	Jenga
	Cherries Day	Comic Book Day	National Pancake Day	National Chocolate Milk Day	National Good Neighbor Day

