Moravian Center Adult Day

September 2021

“And then the sun took a step back, the leaves lulled themselves to sleep, and Autumn was awaked. “

-Raquel Franco

## 

## **Center Is Closed: Monday September 6th, 2021 in recognition of Labor Day.**

## **Week 1**

|  |  |  |  |
| --- | --- | --- | --- |
| **Time** | **Wed – 1** | **Thursday –2** | **Friday – 3** |
| 7:30 | Coffee Corner | Coffee Corner | Coffee Corner |
| 9:00 | Stories | Current Events | Devotions |
| 10:00 | Fuzion Fitness | Paul Eugene Fitness | Yoga Exercise |
| 11:00 | Spirit Time | Apple Art | Owl Craft |
| 12:00 | *Lunch* | *Lunch* | *Lunch* |
| 1:00 | *Wii Bowling*  *Volleyball*  *Corn Hole Toss*  *Golf* | *Baseball Toss*  *Basketball*  *Bean Bag Toss* | *Horseshoe Toss*  *Disc Toss*  *Baseball Toss* |
| 2:00 | Five Second Rule | Outburst | Pokeno |
| 3:00 | Snack & Chat | Snack & Chat | Snack & Chat |
| 4:00 | Scrabble | Card Games | Sorry |
|  | National  No Rhyme Day | National V-J Day | National  Lazy Mom’s Day |

**Week 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Time** | **Monday – 6** | **Tuesday – 7** | **Wed – 8** | **Thursday –9** | **Friday – 10** |
| 7:30 | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* |
| 9:00 | Stories | Current Events | Stories | Current Events | Devotions/Bible St |
| 10:00 | Chair Exercise | Fit & Strong | Dance Moves | Balance Exercise | Fit & Strong |
| 11:00 | Leaf Fox | Flower Mason | Spirit Time | Leaf Hedgehog | PB Scarecrow |
| 12:00 | *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* |
| 1:00 | *Corn Hole Toss*  *Ping pong Toss*  *Bean bag Toss* | *Velcro Catch*  *Bocci Ball*  *Darts* | *Disc Toss*  *Bean Bag Toss*  *Chicken Toss* | *Balloon Tennis*  *Golf*  *Basketball* | *Soccer*  *Kick ball*  *Wii* |
| 2:00 | Bingo | Scattergories | Bingo | Name 5 | Hangman |
| 3:00 | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat |
| 4:00 | Jenga | Connect 4 | Poke-No | Operation | Jenga |
| Labor Day | | National Beer Lover’s Day | National Ampersand Day | National Teddy Bear Day | National TV Dinner Day |

**Week 3**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Time** | **Monday – 13** | **Tuesday – 14** | **Wed –15** | **Thursday – 16** | **Friday – 17** |
| 7:30 | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* |
| 9:00 | Stories | Current Events | Stories | Current Events | Devotions |
| 10:00 | Chair Exercise | Fit & Strong | Dance Moves | Balance Exercise | Fit & Strong |
| 11:00 | Watercolor Fall Forest | Acorn Craft | Spirit Time | Sunshine Club  Make Cards | Button Corn  Art |
| 12:00 | *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* |
| 1:00 | *Wii Bowling*  *Velcro Catch*  *Balloon Tennis* | *Darts*  *Golf*  *Bocci Ball* | *Shuffle Board*  *Frisbee Toss*  *Baseball Toss* | *Ring Toss*  *Ping pong Toss*  *Bean bag Toss* | *Basketball*  *Volley Ball*  *Tic Tac Toe Toss* |
| 2:00 | Finish the Proverbs | Outburst | Jeopardy | Bingo | Name 5 |
| 3:00 | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat |
| 4:00 | Monopoly | Scrabble | Trouble | Sorry | Jenga |
|  | National Peanut Day | National Live Creative Day | National Online Learning Day | National Cinnamon Raisin Bread Day | National Hug Your Boss Day |

**Week 4**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Time** | **Monday – 20** | **Tuesday – 21** | **Wed – 22** | **Thursday –23** | **Friday –24** |
| 7:30 | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* |
| 9:00 | Stories | Current Events | Stories | Current Events | Country |
| 10:00 | Chair Exercise | Fit & Strong | Dance Moves | Chair Exercise | Fit & Strong |
| 11:00 | Apple Tree Art | Initial flower Art | Spirit Time | Cookie Art | Mushroom Art |
| 12:00 | *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* |
| 1:00 | *Parachute Balloon/ Hot Caterpillar/ Balloon Tennis* | *Bocci Ball*  *Shuffleboard* | *Basket Ball/ Kickball/Volley Ball* | *Tic Tac Toe Toss/ Frisbee Toss/ Bean Bag Toss* | *Ring Toss*  *Ping pong Toss*  *Bean bag Toss* |
| 2:00 | Hangman | Magazine Hunt | Bingo | Finish the Proverbs | Poker Fun |
| 3:00 | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat |
| 4:00 | Board Games | Dominoes | Trouble | Uno | Checkers |
|  | National String Cheese Day | National New York Day | National Ice Cream Cone Day | National Teal Talk Day | National Punctuation Day |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Time** | **Monday – 27** | **Tuesday – 28** | **Wed – 29** | **Thursday –30** |
| 7:30 | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* |
| 9:00 | Stories | Current Events | Stories | Current Events |
| 10:00 | Chair Exercise | Fit & Strong | Dance Moves | Chair Exercise |
| 11:00 | Apple Tree Art | Initial flower Art | Spirit Time | Cookie Art |
| 12:00 | *Lunch* | *Lunch* | *Lunch* | *Lunch* |
| 1:00 | *Parachute Balloon/ Hot Caterpillar/ Balloon Tennis* | *Bocci Ball*  *Shuffleboard*  *Golf* | *Basketball*  *Kickball*  *Volleyball* | *Tic Tac Toe Toss/ Frisbee Toss/ Bean Bag Toss* |
| 2:00 | Hangman | Magazine Hunt | Bingo | Finish the Proverbs |
| 3:00 | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat |
| 4:00 | Board Games | Dominoes | Trouble | Uno |
|  | National Chocolate Milk Day | National Good Neighbor Day | National Coffee Day | National Chewing Gum Day |