Moravian Center Adult Day

September 2021

 “And then the sun took a step back, the leaves lulled themselves to sleep, and Autumn was awaked. “

-Raquel Franco

##

##  **Center Is Closed: Monday September 6th, 2021 in recognition of Labor Day.**

##  **Week 1**

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| **Time** | **Wed – 1** | **Thursday –2** | **Friday – 3** |
| 7:30 | Coffee Corner  | Coffee Corner  | Coffee Corner  |
| 9:00 |  Stories | Current Events | Devotions |
| 10:00 | Fuzion Fitness | Paul Eugene Fitness | Yoga Exercise  |
| 11:00 | Spirit Time  | Apple Art | Owl Craft |
| 12:00 | *Lunch* | *Lunch* | *Lunch* |
| 1:00 | *Wii Bowling**Volleyball**Corn Hole Toss**Golf* | *Baseball Toss**Basketball**Bean Bag Toss* | *Horseshoe Toss**Disc Toss**Baseball Toss* |
| 2:00 | Five Second Rule | Outburst | Pokeno |
| 3:00 | Snack & Chat | Snack & Chat | Snack & Chat |
| 4:00 | Scrabble | Card Games | Sorry |
|  |  National No Rhyme Day | National V-J Day | National Lazy Mom’s Day |

**Week 2**

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| **Time** | **Monday – 6** | **Tuesday – 7** | **Wed – 8** | **Thursday –9**  | **Friday – 10** |
| 7:30 | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* |
| 9:00 | Stories | Current Events | Stories | Current Events | Devotions/Bible St |
| 10:00 | Chair Exercise  | Fit & Strong | Dance Moves | Balance Exercise | Fit & Strong  |
| 11:00 | Leaf Fox | Flower Mason  | Spirit Time | Leaf Hedgehog | PB Scarecrow |
| 12:00 | *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* |
| 1:00 | *Corn Hole Toss**Ping pong Toss**Bean bag Toss* | *Velcro Catch**Bocci Ball**Darts* | *Disc Toss**Bean Bag Toss**Chicken Toss* | *Balloon Tennis**Golf**Basketball*  | *Soccer**Kick ball**Wii* |
| 2:00 | Bingo | Scattergories | Bingo | Name 5 | Hangman |
| 3:00 | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat |
| 4:00 | Jenga | Connect 4 | Poke-No | Operation | Jenga |
|  Labor Day | National Beer Lover’s Day | National Ampersand Day | National Teddy Bear Day | National TV Dinner Day |

 **Week 3**

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| **Time** | **Monday – 13** | **Tuesday – 14** | **Wed –15** | **Thursday – 16** | **Friday – 17** |
|  7:30 | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* |
|  9:00 | Stories | Current Events | Stories | Current Events | Devotions |
| 10:00 | Chair Exercise  | Fit & Strong | Dance Moves | Balance Exercise | Fit & Strong |
| 11:00 | Watercolor Fall Forest | Acorn Craft | Spirit Time | Sunshine ClubMake Cards | Button CornArt |
| 12:00 | *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* |
|  1:00 | *Wii Bowling**Velcro Catch**Balloon Tennis* | *Darts**Golf**Bocci Ball* | *Shuffle Board**Frisbee Toss**Baseball Toss* | *Ring Toss**Ping pong Toss**Bean bag Toss* | *Basketball**Volley Ball**Tic Tac Toe Toss* |
|  2:00 | Finish the Proverbs | Outburst | Jeopardy | Bingo | Name 5 |
|  3:00 | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat |
|  4:00 | Monopoly | Scrabble | Trouble | Sorry | Jenga |
|  | National Peanut Day | National Live Creative Day | National Online Learning Day | National Cinnamon Raisin Bread Day | National Hug Your Boss Day |

**Week 4**

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| **Time** | **Monday – 20** | **Tuesday – 21** | **Wed – 22**  | **Thursday –23** | **Friday –24** |
|  7:30 | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* |
|  9:00 | Stories | Current Events | Stories | Current Events | Country |
| 10:00 | Chair Exercise  | Fit & Strong | Dance Moves | Chair Exercise | Fit & Strong |
| 11:00 | Apple Tree Art | Initial flower Art | Spirit Time | Cookie Art | Mushroom Art |
| 12:00 | *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* |
|  1:00 | *Parachute Balloon/ Hot Caterpillar/ Balloon Tennis* | *Bocci Ball**Shuffleboard* | *Basket Ball/ Kickball/Volley Ball* | *Tic Tac Toe Toss/ Frisbee Toss/ Bean Bag Toss* | *Ring Toss**Ping pong Toss* *Bean bag Toss* |
|  2:00 | Hangman | Magazine Hunt | Bingo | Finish the Proverbs | Poker Fun |
|  3:00 | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat |
|  4:00 | Board Games | Dominoes | Trouble | Uno | Checkers |
|  | National String Cheese Day | National New York Day | National Ice Cream Cone Day | National Teal Talk Day | National Punctuation Day |

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| **Time** | **Monday – 27** | **Tuesday – 28** | **Wed – 29** | **Thursday –30** |
|  7:30 | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* | *Coffee Corner* |
|  9:00 | Stories | Current Events | Stories | Current Events |
| 10:00 | Chair Exercise  | Fit & Strong | Dance Moves | Chair Exercise |
| 11:00 | Apple Tree Art | Initial flower Art | Spirit Time | Cookie Art |
| 12:00 | *Lunch* | *Lunch* | *Lunch* | *Lunch* |
|  1:00 | *Parachute Balloon/ Hot Caterpillar/ Balloon Tennis* | *Bocci Ball**Shuffleboard**Golf* | *Basketball**Kickball**Volleyball* | *Tic Tac Toe Toss/ Frisbee Toss/ Bean Bag Toss* |
|  2:00 | Hangman | Magazine Hunt | Bingo | Finish the Proverbs |
|  3:00 | Snack & Chat | Snack & Chat | Snack & Chat | Snack & Chat |
|  4:00 | Board Games | Dominoes | Trouble | Uno |
|  | National Chocolate Milk Day | National Good Neighbor Day | National Coffee Day | National Chewing Gum Day |