



September

2021

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Oven fried Chicken Mac and Cheese Collard Greens with bacon Bananas	Quiche Scandinavian Veg Blend Roasted Red Potatoes Grapes	Salmon White Rice Brussel Sprouts Fruit Cocktail
6	7	8	9	10
	Hamburgers Baked beans Roasted Corn Pears	BBQ Pulled Pork Sweet Potatoes Brussel Sprouts Mandarin Oranges	Turkey & Gravy Mashed Potatoes Broccoli Fruit Salad	Potato Crusted Cod Asparagus Cauliflower Pineapples
13	14	15	16	17
Meatloaf & Brown Gravy				
Mashed Potatoes Stewed Tomatoes Bananas	Honey Baked Chicken Green Beans Squash Applesauce	Kielbasa Perogies With Onions Roasted beets Mandarin Oranges	Spaghetti Bolognese Tuscan Vegetable Blend Fruit Cocktail Peach Crumble	Parmesan Swai Roasted Red Potatoes Broccoli Peaches
20	21	22	23	24
Broccoli & cheese Stuffed Chicken Pesto Noodles Ginger Carrots Bananas	Mushroom Swiss Turkey Burger Tater Tots Green beans Pineapples	Chili Cornbread Broccoli Applesauce	Pork & Sauerkraut Mashed Potatoes Italian Vegetable Blend Watermelon	Maryland Crab Cakes Roasted Potatoes Scandinavian Veg Blend Mandarin Oranges
27	28	29	30	
Western omelet Sausage and Potatoes Capri Vegetable Blend Peaches	Rosemary Lemon Chicken Baked Potatoes Scandinavian Veg Blend Fruit Cocktail	Shepherd's Pie Key Biscayne Vegetable Stewed Tomatoes Bananas	Tacos (beef) Plantains Fiesta Corn Applesauce	